

## **CREW FOOD & PROVISIONING ABOUT US**



Delicioso has 15 years' experience in supplying yacht crew food.



Our fully trained chefs prepare your food in Sanidad inspected & climate controlled kitchens.



We provide excellent value & generous portions for 4 people or more.

Your food is delivered in a refrigerated vehicle & packed in sustainable, compostable food containers.



Rich Delivers your dinner in our refrigerated vans.

Marie I.C. Provisioning & Crew Food, AKA, your contact!

Helen Our founder & THE BOSS!



#### The Catering & Provisioning Experts

Fish - Meat - Dairy - Dry Stores - Fruit & Vegetables Frozen Goods - Organic - Wines - Spirits - Soft Drinks Coffee - Chocolates - Snacks - Galley & Housekeeping Supplies ...the list goes on

We are the GO TO PROVISIONER for Chefs & Interior Teams. supplying both Guest & Crews, with a 15 Year Service Record of supplying yachts in the Balearics.



### **BAGUETTES** or wraps. Gluten free options available.

7.50€ (+2.50€ for GF option)

- Delicioso Baked Ham, Cheddar & Tomato
- Chicken, Bacon, Lettuce, Tomato & Mayo
- Black Olive Tapenade, Hummus, Rocket & Tofu 🕟
- Onion Bhaji, Tzatziki & Mango Chutney





#### MAIN MEALS



ALL OF OUR FRESHLY-MADE MAIN MEALS SERVE 4 OR 6 PEOPLE. ANY AVAILABLE AS INDIVIDUAL PORTIONS ARE INDICATED WITH 🦍

X1: 13.50€/15.50€

X4: 50€/60€

X6: 75€/85€

• Courgette Frittata with Mixed Salad & Bread Rolls VEW! (2)





- BBQ Pork Ribs & Spicy Chicken Wings with Jacket Potatoes, Buttered Corn on the Cob, Coleslaw & Mixed Salad
- Beef Stroganoff with Basmati Rice, Cauliflower & Broccoli
- Fajitas with Quorn Chili, Wheat Tortillas, Roasted Vegetables, Guacamole & Spicy Tomato Sauce
- Tuna with Roasted Potatoes, Peppers & Tomato Sauce NEW! 👚 🎉
- Indian Balti Pie with Dauphinoise Potato, Green Peas & Gravy
- Duck & Vegetables Noodles Stir-Fry



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#### **SAIADS** 9.50€

#### with a topping of your choice:

- Chicken +4€
- Salmon +6€
- +3€ Tofu



- Classic Caesar Salad with Croutons, Parmesan & Cherry Tomatoes
- Poke Bowl: Rice, Pineapple, Edamame, Cherry Tomatoes, Crispy Onions & Ponzu Sauce
- Cranberry & Nut Couscous Salad with Mint & Lemon Dressing



- Classic Beef Bolognese
- Spicy Tomato & Chilli Arrabiata 🔛
- Truffled Mac & Cheese NEW!







#### **SWFFT TRFATS**

- 5€ Lotus Cake
- 5€ Chocolate Brownie
- 5€ Blueberry Muffin
- 2€ Seasonal Fruit

### WE ALTERNATE OUR MENUS SO YOU WILL **ALWAYS HAVE SOMETHING NEW TO TRY!**

#### **OUR WEEK ONE MENU IS AVAILABLE ON THESE WEEKS:**

- W/C 6/11/2023
- W/C 4/12/2023
- W/C 15/01/2024
- W/C 12/02/2024
- W/C 11/03/2024

We also offer special discounts to our regular customers. Email info@deli-delicioso.com to find out how to become one!



### **BAGUETTES** or wraps. Gluten free options available.

7.50€ (+2.50€ for GF option)

- BBQ Pulled Pork with Chipotle Vegetable Slaw
- Smoked Salmon, Cream Cheese & Dill
- Falafel, Roasted Pepper & Hummus 🚺
- Goats Cheese, Sundried Tomatoes & Rocket 😭





### MAIN MEALS

ALL OF OUR FRESHLY-MADE MAIN MEALS SERVE 4 OR 6 PEOPLE. ANY AVAILABLE AS INDIVIDUAL PORTIONS ARE INDICATED WITH





T X1: 13.50€/15.50€



X4:50€/60€



X6: 75€/85€



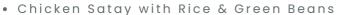




• Pork Loin Milanesa with Roasted Potatoes, Mushrooms, Green Beans & Cheese Sauce









• White Fish of the day with Tom Kha Sauce, Basmati Rice & Asian Salad 👖 🧩







• Meatball Ragout with Potatoes New!











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#### SALADS 9.50€

#### with a topping of your choice:

- Chicken +4€
- Tuna +6€
- Falafel +3€



- Poke Bowl: Rice, Mango, Cucumber, Edamame, Cherry Tomatoes, Crispy Onions & Ponzu sauce
- Sweetcorn, Olives & Sundried Tomato Pasta Salad NEW!
- Lentils, Broccoli, Cranberry & Feta Salad New!



PASTAS **İ**X1: 12.50€ **İ**X4: 45€

- Gnocchi with Sausages & Tomato Sauce
- Mushroom Ravioli with 3 Cheese Creamy Sauce
- Salmon, Green Peas & Creamy Cava Sauce





#### **SWEET TREATS**

- 5€ Lotus Cake
- 5€ Chocolate Brownie
- 5€ Blueberry Muffin
- 2€ Seasonal Fruit

# WE ALTERNATE OUR MENUS SO YOU WILL ALWAYS HAVE SOMETHING NEW TO TRY!

#### **✓** OUR WEEK TWO MENU IS AVAILABLE ON THESE WEEKS:

- W/C 13/11/2023
- W/C 11/12/2023
- W/C 22/01/2024
- W/C 19/02/2024
- W/C 18/03/2024

OUR LARGE MAIN MEALS ARE GREAT VALUE FOR MONEY.





## **BAGUETTES** or wraps. Gluten free options available.

7.50€ (+2.50€ for GF option)

- Roast Beef, Lettuce, Cheddar & Honey Mustard Mayonnaise
- Piri-Piri Chicken Breast, Lettuce & Piri-Piri Mayonnaise
- Cheddar & Branston Pickle
- Caprese, Guacamole & Rocket











### MAIN MEALS

X4: 50€/60€

X6: 75€/85€

X1: 13.50€/15.50€ ALL OF OUR FRESHLY-MADE MAIN MEALS SERVE 4 OR 6 PEOPLE. ANY AVAILABLE AS INDIVIDUAL PORTIONS ARE INDICATED WITH

- Freshly Baked Beef Lasagne with Mixed Salad, French Dressing & Bread Rolls
- BBQ Pork Ribs & Spicy Chicken Wings with Jacket Potatoes, Buttered Corn on the Cob, Coleslaw & Mixed Salad
- Fajitas with Quorn Chilli, Wheat Tortillas, Roasted Vegetables, Guacamole & Spicy Tomato Sauce
- Baked Cod with Mallorquin "Tumbet" & Bread Rolls ( 🥻
- Piri-Piri Boneless Chicken Thighs with Roasted Potatoes, Cauliflower & Broccoli 🛊 🮉
- Chicken & Mushroom Pie with Dauphinoise Potato, Green Peas & Gravy 🛔
- Tofu & Vegetable Noodle Stir Fry 💓 👖















#### SALADS 9.50€

### with a topping of your choice:

- Chicken +4€
- Salmon +6€
- Onion Bhaji +3€



- Classic Caesar Salad with Croutons, Parmesan & Cherry Tomatoes
- Chickpeas, Tomatoes, Onions, Cucumber & Fresh Herbs Salad 👔
- Poke Bowl: Rice, Mango, Cucumber, Edamame, Cherry Tomatoes, Crispy Onions & Ponzu Dressing



### PASTAS **↑** X1: 12.50€ **↑** X4: 45€

- Salmon Ravioli with White Wine Sauce NEW!
- Quorn Bolognaise 🕥
- 3 Cheese Sauce





#### SWEET TREATS NEW!

- 5€ Lotus Cake
- 5€ Chocolate Brownie
- 5€ Blueberry Muffin
- 2€ Seasonal Fruit

## WE ALTERNATE OUR MENUS SO YOU WILL ALWAYS HAVE SOMETHING NEW TO TRY!

#### **✓** OUR WEEK THREE MENU IS AVAILABLE ON THESE WEEKS:

- W/C 20/11/2023
- W/C 18/12/2023
- W/C 29/01/2024
- W/C 26/02/2024
- W/C 25/03/2024

DON'T FORGET A SWEET TREAT NOW AND AGAIN!





### **BAGUETTES** or wraps. Gluten free options available.

7.50€ (+2.50€ for GF option)

- Serrano Ham, Tomato & Manchego Cheese
- Roast Beef, Horseradish & Caramelised Onions
- Egg Mayonnaise with Lettuce & Tomato(2)
- Grilled Tofu, Lettuce & Romesco Sauce 🐼











#### MAIN MEALS

ALL OF OUR FRESHLY-MADE MAIN MEALS SERVE 4 OR 6 PEOPLE. ANY AVAILABLE AS INDIVIDUAL PORTIONS ARE INDICATED WITH

X1: 13.50€/15.50€

↑ X4: 50€/60€

X6: 75€/85€





- Roasted Chicken with Roasted Potatoes, Green Beans & Gravy
- Fajitas: Wheat Tortillas, Chilli Con Carne, Roasted Vegetables, Spicy Tomato Sauce, Guacamole, Sour Cream & Cheddar
- Middle Eastern Vegetarian Mezze: Falafel, Marinated Feta, Hummus, Kalamata Olives, Roasted Peppers & Pitta Bread 🕨
- Miso Marinated Salmon with Basmati Rice, Ginger & Pumpkin Salad
- Minced Beef Pie with Dauphinoise Potatoes, Green Peas & Gravy 👖















#### SALADS 9.50€

#### with a topping of your choice:

- Chicken +4€
- Tuna +6€
- Falafel +3€



- Asian Salad with Tomato, Bamboo, Gari, Soy Sprouts, Cucumber & Mezclum
- Kale, Tomatoes, Quinoa, Apple, Roasted Seeds, Raisins, Lemon & Olive Oil Dressing
- Poke Bowl: Rice, Sweetcorn, Avocado, Edamame, Cherry Tomatoes, Crispy Onions & Ponzu Dressing





- Ragout Sauce
- Napolitana (w)
- Aglio & Olio Prawns



#### **SWEET TREATS**

- 5€ Lotus Cake
- 5€ Chocolate Brownie
- 5€ Blueberry Muffin
- 2€ Seasonal Fruit

## WE ALTERNATE OUR MENUS SO YOU WILL **ALWAYS HAVE SOMETHING NEW TO TRY!**

#### OUR WEEK FOUR MENU IS AVAILABLE ON THESE WEEKS:

- W/C 27/11/2023
- W/C 8/01/2024
- W/C 05/02/2024
- W/C 04/03/2024

OUR MENUS CATER FOR EVERY TUMMY ON BOARD.









## LAZY GOURMET

#### **AVAILABLE EVERY WEEK!**

#### FLASH FROZEN MEALS

#### 12€

- Beef Lasagne
- Chicken Leek Mushroom Bake
- Chicken Tikka Masala
- Fisherman's Pie
- Lamb Tagine
- Thai Green Chicken Curry
- Thai Yellow Fish & Prawn Curry

#### 10€

- Balti Beef Curry
- Beef, Ale & Mushroom Stew
- Chicken Cacciatore
- Chilli Con Carne
- Cottage Pie
- Herbed Sausages
- Mexican Mixed Bean Chilli 🕍
- Moroccan Vegetable & Chickpea Tagine 🕥
- Quorn Moussaka 🚺
- Roasted Vegetable Lasagne 🚱
- Tofu Thai red Curry & Vegetables 🕥



#### FLASH FROZEN SIDE DISHES

#### 3.50€

- Trio of Vegetables
- Cauliflower Cheese
- Mashed Potato Bake

#### 2.50€

- Jasmine Rice
- Basmati Rice



#### **DOWNLOAD THE ORDER FORM FROM OUR WEBSITE:**

DELI-DELICIOSO.COM/YACHT-CATERING-PROVISIONING/CREW-FOOD

**CHOOSE YOUR ORDER & EMAIL IT:** INFO@DELI-DELICIOSO.COM

ALL OF YOUR FOOD IS PREPARED FRESH SO PLEASE GIVE US 48 HOURS NOTICE.

FOR WEEKLY ORDERS WE REQUIRE YOUR ORDER BY WEDNESDAY OF THE PREVIOUS WEEK.

ALL PRICES ARE +VAT

QUESTIONS? CALL (0034) 971 699 221



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