



FISH, MEAT & POULTRY:

Fish can be supplied fresh or frozen. Whole, filleted or portioned to your specifications and vac packed. All prices are subject to change depending on market fluctuations.

Fish	Size/Description	Price/Kg	Quantity
Anchovies		€10.00- 22.00	
Black Cod (Butterfish)	head off, butterflied, clean	market price	
Bonito Loin		market price	
Cod, Fresh	2Kg	€18.00	
Cod Loin Frozen	1Kg	€24.50	
Dover Sole	400/600g, 1Kg	€30.00- 45.00	
Grouper, Grey Atlantic	3-7Kg	market price	
Grouper, Mediterranean	3-7Kg	market price	
Haddock	4-7Kg	€32.00-39.00	
Hake	2Kg/3Kg	€20.00	
Halibut	2-7kg fish	€38.00-46.00	
John Dory	2Kg/+	€35.00	
Mackeral		€10.00-22.00	
Mahi Mahi	2/4Kg	market price	
Monk Fish	2.5Kg/4Kg	€38.00-46.00	
Norwegian Salmon	4/5Kg or 7Kg	€15.50	
Rock Fish	For Soups/Stews	€13.00	
Sardines		€10.00-22.00	
Scorpion Fish	1.5/3Kg	market price	
Seabass Wild	3Kg/4Kg	€45.00-65.00	
Seabass, Farmed	400/600g	€40.00	
Seabass, Farmed	2Kg/2.5Kg	€42.00	
Seabream (Dorada), Wild	2.5Kg/4Kg	€40.00-65.00	
Seabream, Farmed	400/600g	€14.00	
Seabream Fillets, Farmed Ecologically	100g Frozen Portion	€6.00/Fillet	
Skate Wings, Bone In	500g	market price	
Swordfish Loin		market price	
Tuna (Sustainable) Frozen		market price	
Turbot, Wild	3Kg/5Kg	€40.00-65.00	
Wild Snapper (Denton)	1Kg/2Kg	€36.00-45.00	

Anchovies

Anchovies in Olive Oil	100g	€12.00	
Anchovies in Vinegar	1Kg	€15.00	


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Pre-sliced Sushi Cuts	Size	Price	Quantity
Octopus (Tako)	20 pieces	€14.00/unit	
Cuttlefish (Ika)	20 pieces	€10.50	
Ama Ebi	30 pieces	€14.00	
Eel Kabayaki	Whole Fillet	€16.50	
Eel Kabayaki	20 pieces	€14.00	
Hamachi	Whole 3-5Kg	market price	
Tilapia (Frozen Fillet)	140-170g	€12.00/Kg	

Shellfish	Size/Description	Price/Kg	Quantity
Alaskan king crab legs	split legs 1Kg	€66.00/Kg	
Snow Crab, clean, Luxury Gold,	400g	€43.25/unit	
Soft Shell Crab	1Kg box	€43.25/unit	
King Crab Meat clean, frzn,		€126.00/Kg	
Crab Meat	1Kg Tub	€48.00/Kg	
Calamari, long line, fresh fresh, clean		market price	
Calamari, tubes, clean & frozen	1Kg bag	€21.50/Kg	
Clams	2Kg Bag	€21.00-32.00/Kg	
Cuttlefish fresh		market price	
Langostines fresh,	varying sizes	market price	
Langostines, 10/12	1Kg bag frozen	€42.00/Kg	
Lobster tails & claw, raw, shell off, frozen	160 - 180g Portion	€20.00/unit	
Lobster, whole Canadian	Live	€40.00/Kg	
Lobster, whole European (Blue)	Live	market price	
Langosta, (lobster without claws)	Live	market price	
Mussels, large, uncleaned	5Kg Bag	€9.00/Kg	
Mussels, Rock, small, uncleaned	3Kg Bag	€14.50/Kg	
Mussels, Green, half shell, frozen	New Zealand	€30.00/Kg	
Octopus (cooked, clean)	350g (approx)	€45.00/Kg	
Baby Octopus	frozen, 1Kg packs	€20.50/Kg	
Chipurones, baby squid	1Kg packs	€20.50/Kg	
Oysters (European Origin)	box of 20	market price	
Prawns, Soller red colour	whole fresh per Kg	market price	
Prawns, 16/20 Frozen Peeled, Deveined,Thai	1Kg	€26.00/Kg	
Prawns, U10 Frozen, head on, shell on, Thai	1Kg	€43.00/Kg	
Scallops (Maine), fresh, roe off U-10	1Kg	€50.50/Kg	
Scallops, Scottish Dry packed, fresh	1Kg	€50.50/Kg	
Squid Ink	1 Jar (100g)	€22.80/unit	


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Caviars	Size	Price	Quantity
Avruga (Herring Roe)	120g	€14.00	
Ikura (Salmon Roe)	500g	€82.85	
Molluga (Smoked Herring Roe)	120g	€27.00	
Tobiko wasabi (flying fish)	green, 500g	€45.00	
Tobiko, orange (flying fish)	orange, 500g	€45.00	
Tobiko, black (flying fish)	squid ink, 500g	€58.00	
Tobiko, Gold	500g	€58.00	

Perlita Ethically Farmed French Caviar	Size	Price	Quantity
Caviar - Perlita Sturgeon Caviar	30g	€75.00	
Caviar - Perlita Sturgeon Caviar	50g	€125.00	
Caviar - Perlita Sturgeon Caviar	100g	€250.00	
Caviar - Perlita Sturgeon Caviar	200g	€500.00	
Caviar - Perlita Sturgeon Caviar	500g	€1.250.00	

Smoked Fish	Size	Price	Quantity
Kipper Fillets (Frozen)	170g x 12	€30.00	
Smoked Haddock Fillets (Frozen)	170g x 12	€58.00	
Smoked Mackerel Fillets (Frozen)	200g x 12	€48.00	
Smoked Mahi Mahi	80g	€5.00/unit	
Norwegian Smoked Salmon Side (Sliced or unsliced)	1.2Kg	€34.25	
Scottish Smoked Salmon		market price	
Hot Smoked Salmon	1Kg	€37.75	

Carpier Speciality Smoked Products	Size/Description	Price	Quantity
Marinated Tuna	1Kg Loin	€48.00/unit	
Saffron Smoked Eel	300g	€42.00/unit	
Smoked Cod	100g	€9.00/unit	
Smoked Cod Loin	2Kg	€71.00/Kg	
Smoked Octopus	100g	€16.00/unit	
Smoked Octopus Terrine	1Kg	€145.00/Kg	
Smoked Monkfish liver	100g	€6.00/unit	
Smoked Monkfish liver	500g	€28.00/unit	
Smoked Salmon, marinated with truffle	1.2Kg	€70.50/Kg	
Smoked Salmon, Coffee	3Kg approx	€70.50/Kg	
Smoked Salmon	1.5-2Kg	€67.00/Kg	
Smoked Salmon, whiskey	200g approx	€22.00/unit	


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MEAT & POULTRY:

Galician Beef	Size	Price/Kg	Quantity
Braising		€9.95	
Entrecote/Sirloin		€26.50	
Fillet		€42.50	
Minced		€8.00	
Ossobucco		€9.50	
Oxtail		€14.50	
Rib Eye		€26.75	
Stewing		€9.95	
T-Bone		€26.95	

Irish Black Angus Beef (Aged 2-4 weeks)	Size	Price/Kg	Quantity
Cheek		€14.50	
Entrecote/Sirloin		€32.95	
Fillet		€48.95	
Rib Eye		€36.00	
Striploin		€34.50	
T-Bone		€28.95	

USDA Beef	Size	Price/Kg	Quantity
Flank Steak		€22.50	
Select Tenderloin		€69.00	
Choice Tenderloin		€73.50	
Prime Tenderloin		€94.50	

French Charolais	Size	Price/Kg	Quantity
Fillet		€52.00	

Argentinian Beef	Size	Price/Kg	Quantity
Entrecote		€32.00	
Fillet		€49.50	
Sirloin		€32.00	


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Kobe (Wagyu) Beef	Size	Price/Kg	Quantity
Burger		€50.00	
Chateaubriand	Approx 700g	€140.00	
Cheek		€52.50	
Entrecot		€180.00	
Fillet		€195.00	
Fillet Steak	Approx 180g	€35.00	
Oxtail		€52.50	
Sirloin		€165.00	

Biologic Beef	Size	Price/Kg	Quantity
Entrecote		€37.50	
Fillet		€48.95	
Sirloin		€48.00	
Striploin		€36.00	

Veal	Size	Price/Kg	Quantity
Chops		€35.95	
Escalope		€28.95	
Fillet		€46.00	
Sirloin or Entrecote		€35.95	

Austrian Veal (4 months)	Size	Price/Kg	Quantity
Cheeks		€25.00	
Chops		€48.75	
Escalope		€37.50	
Fillet		€52.50	
Ossobucco		€21.00	
Rack		€52.00	

Lamb Local	Size	Price/Kg	Quantity
Burgers		€1.00 each	
Chops (Boneless)		€36.00	
Chops		€36.00	
Leg (Boneless)		€15.00	
Leg		€14.00	
Minced Lamb		€ 19.50	
Neck (Diced)		€10.95	
Shanks		€15.55	
Shoulder (Diced)		€15.95	


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Lamb New Zealand	Size	Price/Kg	Quantity
Fillet		€46.50	
Rack (2 pieces)	approx 700g	€42.00	
Shoulder Boneless		€21.00	

Lamb Welsh	Size	Price/Kg	Quantity
Fillet		€49.50	
Rack		€48.00	
Shoulder Boneless		€24.00	

Pork	Size	Price/Kg	Quantity
Belly		€7.95	
Boned & Rolled Leg		€8.95	
Chops		€8.95	
Escalope		€14.95	
Fillet		€11.25	
Loin		€10.95	
Minced Pork		€8.50	
Spare Ribs		€7.95	
Suckling Pig		Market Price	

Iberico Pork	Size	Price/Kg	Quantity
Cheeks		€22.50	
Loin		€40.50	
Tenderloin		€43.50	

Chicken	Size	Price/Kg	Quantity
Breast (Boneless)		€8.95	
Breast (Bone In)		€8.95	
Drumsticks		€7.50	
Escalope		€14.95	
Liver		€6.00	
Minced		€9.95	
Quarters		€5.50	
Supreme		€9.95	
Thighs (Boneless)		€8.25	
Thighs (Bone In)		€7.25	
Whole Chickens		€4.50	


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Corn Fed Chicken	Size	Price/Kg	Quantity
Breast		€15.00	
Supreme		€15.00	
Whole		€10.00	

Biologic Chicken from France	Size	Price/Kg	Quantity
Breast		€37.50	
Whole	(1.3-1.5kg)	€18.00	
Whole	(1.4-1.6kg)	€21.00	

Other Poultry	Size	Price/Kg	Quantity
Duck Breast <i>specify preferred size per breast</i>	250-450g	€19.50	
Duck Confit Individual		€4.50/leg	
Duck Whole		€13.50	
Guinea Fowl Breast (Frozen)		€30.00	
Guinea Fowl Whole (Frozen)		€10.00	
Quail Deboned (Frozen)		€5.00/unit	
Turkey Breast		€11.95	

Other Meats	Size	Price/Kg	Quantity
Black Pudding		€7.75	
Guinea Fowl Supreme	Approx 200g	€32.95	
Ostrich fillet		€35.00	
Pheasant Supreme		€13.95/unit	
Venison Fillet		€34.00	
Wild Boar Loin		€20.00	
Wild Boar Fillet		€35.00	

Bacon & Gammon	Size	Price/Kg	Quantity
Home cured Back Bacon: Smoked/Unsmoked		€13.95	
Streaky Bacon: Smoked/Unsmoked		€13.95	
Gammon Joint, Steak, Slices		€14.95	


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Speciality Meats	Size	Price/Kg	Quantity
Beef Carpaccio	12 Ptns x 80g	€30.00	
Biltong (Freshly Made)	100g	€5.00	
Duck Carpaccio	20 Ptns x 80g	€160.00	
Ostrich Carpaccio	20 Ptns x 80g	€160.00	
Venison Carpaccio	20 Ptns x 80g	€160.00	
Duck Fat	700g	€5.75	
Carpier Smoked Duck Breast with Foie & Truffle	100g	€15.00	

French Foie Gras	Size	Price/Kg	Quantity
Foie Gras - Goose	600-700g	€90.00	
Foie Gras - Duck	450-550g	€52.50	
Foie Gras Escalopes (Rougie) Frozen	1kg pack	€65.00	
Mi - Cuit Duck (70% Duck Foie Gras)	500g	€75.00/Unit	
Mi - Cuit Duck (70% Goose Foie Gras)	1kg	€ 185.00	

Italian Charcuterie	Size	Price/Kg	Quantity
Bresola	Min. Order 500g	€50.00	
Mortadella		€24.00	
Pancetta		€27.00	
Parma Ham		€50.00	
San Daniele		€43.50	
Salami Milano		€27.00	
Salami Picante		€35.00	
Speck		€28.50	

Spanish Charcuterie	Size	Price/Kg	Quantity
Chorizo Castro Iberico	500g	€10.50	
Duck Ham	100g	€8.50	
Iberico Bellota (5 J's)	100g	€27.50	
Iberico Noblanza	100g	€15.00	
Salchichon Iberico	500g	€10.50	
Serrano	500g	€10.00	


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Gourmet Sausages	Size	Price/Kg	Quantity
Beef & Black Pepper	Min. Order 500g	€13.50	
Boerewors		€13.50	
Cumberland		€11.95	
Chicken, Garlic & Herb (Kosher)		€13.50	
Gluten Free		€13.50	
Lamb and Mint		€13.50	
Lincolnshire		€11.95	
Merguez (Traditional Moroccan Lamb)		€13.50	
Old English Pork & Herb		€11.95	
Plain Pork		€11.95	
Pork, Chili & Garlic		€11.95	
Pork, Honey and Mustard		€11.95	
Pork, Ginger & Spring Onion		€11.95	
Pork & Chestnut		€11.95	
Pork, Beef & Guinness		€13.50	
Pork & Leek		€11.95	
Pork & Apple		€11.95	
Toulouse	€13.50		